

## Rotate Upside Down iPhone Videos

“ My iPhone recorded video files play sideways in Windows Media Player. How do I get them to rotate? ”



When shooting videos with iPhone camera, iPhone will rotate the image/video automatically depends on how you hold your iPhone. However when transferring iPhone videos to your Windows PC, you may find the Windows Media Center or Media Player cannot play some of them correctly. Some iPhone videos is sideways, some is upside down when playing on PC.

The iPhone video upside down or sideways problem occurs when you play the recorded video on a third-party software though. You won't be aware of it playing the iPhone videos on iPhone/iPad/iPod touch or Mac.

My iPhone video is upside down. Is there a way to turn it the right way up again?

There are several ways and free options to correct the issue. You can choose any of the following that suits your needs.



1. When shooting iPhone video always turn the iPhone on the side and film in landscape and make sure to hold your iPhone with the Home button on the right. Portrait iPhone videos will play 90 degrees sideways with Windows Media Player, landscape iPhone videos with the Home button on the wrong side will play upside down on Windows PC.

2. Install an Apple video player on your Windows computer, like QuickTime or iTunes. Apple has made the iPhone videos work this way, so they prevent this problem in Apple native software and products.

3. Rotate iPhone videos on PC with Windows Movie Maker or other software that has the rotate feature.

4. Rotate iPhone videos on iPhone before exporting to PC. Some [free iPhone video converters](#) can batch convert, crop, rotate, or flip videos. Video Slimmer App is one of them. It can [shrink your iPhone videos](#), it can also automatically adjust your sideways videos or upside down iPhone videos. Way faster than Windows Movie Maker.

Now you do not need to worry about how to shoot your videos with iPhone camera. Just capture any videos with any gesture you like. Record a video in landscape or portrait, as you wish.

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